

Patrons of The Haven Counselling Centre

Patron: Babette Rothschild

Babette Rothschild has a background in Clinical Social Work, has practiced as a psychotherapist since 1976 and as a teacher and trainer since 1992.

She trained in Body psychotherapy at the Biodynamic Institute in Denmark and has also trained in various humanistic psychotherapies.

Babette resides in Los Angeles, but travels extensively to teach, supervise and offer consultancy.

She is the author of five books,

The Body Remembers: The Psychophysiology of Trauma and Trauma Treatment;
The Body Remembers CASEBOOK: Unifying Methods and Models in the Treatment of
Trauma and PTSD;
Help for the Helper: The Psychophysiology of Compassion Fatigue and Vicarious Trauma;
8 Keys to Safe Trauma Recovery;
Trauma Essentials: The Go-To Guide.

She maintains a private practice in Los Angeles and trains psychotherapists globally.

Patron: Divine Charura

Divine Charura is a Senior Lecturer in Counselling and Psychotherapy at Leeds Metropolitan University. He also works as a UKCP Registered Adult Psychotherapist for the Leeds and York Partnership Mental Health Foundation Trust (NHS).

His training is in Person-centred Psychotherapy as well as in Family and Systemic Practice. He has years of working experience in varied diverse psychiatric, clinical and therapeutic settings.

His psychotherapeutic interest is the exploration of the therapeutic relationship when working with complex psychological distress, discrimination, difference/diversity, culture, relationships and their impact on mental health.

Divine has written book chapters and presented psychotherapy and counselling papers at different national conferences. He has recently co-authored a book on the Therapeutic Relationship from a relational perspective and is co-editing a Handbook on the Therapeutic Relationship.

Divine is a lover of photography, food, art, music and outdoor pursuits.